

MHWA SPRING CONFERENCE

California Community College Mental Health and Wellness Association

APRIL 16-APRIL 17, 2020

COLLEGE OF SAN MATEO

1700 WEST HILLSDALE BLVD., SAN MATEO, CA 94402
BUILDING 10 (COLLEGE CENTER), ROOM 468

AGENDA

THURSDAY, APRIL 16, 2020

- 12:30-1:00 Registration
1:00-1:30 Welcome and Introductions
1:30-2:15 Nicole Alexander, Chancellor's Office
2:15-2:30 Break and Afternoon Snack
2:30-5:00 Dr. Seth Meyers, PhD: *Threat Assessment: Understanding Risk Factors, Best Practices in Conducting Interviews, Providing Support and Promoting Knowledge of Symbols, Memes, and Ideology Associated with Violence* (2.5 CEs)
5:00-5:15 Wrap Up
6:00 Networking Dinner (no-host)
31st Union, 5 South Ellsworth, San Mateo, CA

FRIDAY, APRIL 17, 2020

- 8:00-8:30 Registration and Breakfast
8:30-9:00 Welcome/MHWA Nominations
9:00-11:00 Dr. Monique Crandal, PhD: *Working toward Common Goals: Navigating CMIA, FERPA, HIPAA while Mitigating Risks of Campus Violence* (2 CEs)
11:00-11:15 Break
11:15-12:15 Dr. Katherine Taylor, PsyD, MPH: *Using Mental Health Apps to Enhance Clinical Care* (1 CE)
12:15-1:00 Lunch
1:00-1:15 Lyftly App Presentation
1:15-2:30 Roundtable Discussion
2:30-2:45 Closing Remarks

Dr. Seth Meyers, PhD: *Threat Assessment: Understanding Risk Factors, Best Practices in Conducting Interviews and Providing Support, and Promoting Knowledge of Symbols, Memes, and Ideology Associated with Violence*

After this training participants will be able to:

1. Identify 2 warning signs for students at risk for violence
2. Define and recognize signs of "leakage"
3. Understand the difference between the following terms: "sociopathic" and "antisocial" and "psychopathic"
4. List two symbols associated with the "alt-right"
5. List the three ways a person can communicate a threat for violence
6. Explain the difference between a direct and indirect threat

Dr. Monique Crandal, PhD: *Working Toward Common Goals: Navigating CMIA, FERPA, HIPAA while Mitigating Risks of Campus Violence*

After this training participants will be able to:

1. Identify two relevant intersections of FERPA and HIPAA as they relate to an ongoing threat assessment case in a higher education setting
2. Demonstrate one to two ways in which timely communication can assist with goal-directed resolution for all parties involved
3. Identify two ways in which communication tools can be used to mitigate fear management and reputational risk to their institution
4. Demonstrate two lessons learned in communicating to relevant stakeholders within higher education by applying the updated CMIA/FERPA/HIPAA guidance to their campus events

Dr. Katherine Taylor, PsyD, MPH: *Using Mental Health Apps to Enhance Clinical Care*

After this training participants will be able to:

1. Describe the two ways in which using mobile apps as adjunctive tools can enhance mental health care for students and families
2. Demonstrate two effective ways to introduce apps and encourage use among clients
3. Discuss two of the challenges of technological integration into care and potential ways to address these challenges in this treatment setting

REGISTER ONLINE AT MHWA.ORG

OR mail this form and check, payable to CCC MHWA, to Humberto Hernandez at Cerritos College, Student Health, 11110 Alondra Blvd., Norwalk, CA 90650

MHWA MEMBER

1.5 days 100.00 early bird
160.00 after 4/4/20 \$ _____

1 day 75.00 early bird
135.00 after 4/4/20 \$ _____

NON-MEMBER

1.5 days 140.00 early bird
200.00 after 4/4/20 \$ _____

1 day 115.00 early bird
175.00 after 4/4/20 \$ _____

CE credits \$25.00 (up to 5.5 credits) \$ _____

Total \$ _____

Name, Title _____

College _____

Address _____

City, Zip _____

Phone _____ Email _____

Will you require accommodations? (please circle) Yes No

Specify: _____

HOTEL: STONE VILLA INN SAN MATEO

2175 SOUTH EL CAMINO REAL
SAN MATEO, CA 94403
(650) 458-6556

\$124 (QUEEN) OR \$134 (2 DOUBLES) + TAX/NIGHT
ASK FOR MHWA GROUP RATE, BOOK BY 4/1/2020

MHWA is a CE provider approved by the California Psychological Association to provide continuing professional education for psychologists. The Board of Behavioral Sciences recognizes CE credit from CPA approved providers for LCSWs, MFTs, LEPs, and LPCCs. MHWA's CE programs meet the California Board of Nursing's requirements for acceptable continuing education for BRN licensees. MHWA maintains responsibility for this program and its content.

Conference refund

After registering, if you cannot attend the meeting, please notify Humberto Hernandez at hhernandez@cerritos.edu for a CE refund (prior to 4/15) or credit for a subsequent training.

Attendance policy

Those who attend the full training and complete the appropriate evaluation form will receive CE credits. Those arriving more than 15 minutes after the start time or leaving before the training is completed will not receive CE credits.