

Please join us

MHWA FALL CONFERENCE

OCTOBER 17-18, 2019

COLLEGE OF THE CANYONS
26455 ROCKWELL CANYON RD
UNIVERSITY CENTER, ROOM 258
SANTA CLARITA, CA 91355

California Community College Mental Health and Wellness Association

AGENDA

THURSDAY, OCTOBER 17, 2019

- 12:30-1:00 Registration
- 1:00-1:30 Welcome & Introductions
- 1:30-3:00 Dr. Goulston, MD: *A Novel Approach to De-Stigmatizing Mental Illness: Design Thinking Suicide Prevention* (1.5 CEs)
- 3:00-3:15 Break & Snack
- 3:15-4:45 Documentary and Q&A: *Stay Alive - An Intimate Conversation about Suicide Prevention*
- 4:45-5:00 Wrap Up
- 7:00 Networking Dinner (no-host)
Salt Creek Grille, 24415 Town Center Dr., #115

FRIDAY, OCTOBER 18, 2019

- 8:00-8:30 Registration & Breakfast
- 8:30-9:00 Welcome/MHWA Nominations/Spring 2020 Conference
- 9:00-9:50 Roundtable Discussion
- 9:50-10:00 Break
- 10:00-12:00 Dr. Harrell, PhD: *Diving into the Deep End: Sociocultural Identity, Sociopolitical Dynamics, and Mutual Vulnerability in Clinical Supervision* (2 CEs)
- 12:00-1:00 Lunch
- 1:00-1:15 *Lyftly* App Presentation
- 1:15-1:30 Closing Remarks

Dr. Mark Goulston, MD: *A Novel Approach to De-Stigmatizing Mental Illness: Design Thinking Suicide Prevention*

After this training participants will be able to:

1. Identify 2 key principles central to Design Thinking
2. Describe 2 suicide prevention strategies from the Design Thinking framework
3. Select 2-3 communication tools for discussing mental illness outside of the professional community
4. Discuss 2-3 ways to intervene with suicidal ideation utilizing presentation materials

Dr. Shelly Harrell, PhD: *Diving into the Deep End: Sociocultural Identity, Sociopolitical Dynamics, and Mutual Vulnerability in Clinical Supervision*

After this training participants will be able to:

1. Demonstrate knowledge in at least 3 areas of cultural competence as it pertains to the clinical supervision relationship
2. Identify 2-3 considerations for conducting clinical supervision in a community college context
3. Discuss at least 2 essential factors for a culturally-competent clinical supervision training program

REGISTER ONLINE AT **MHWA.ORG**

OR mail this form and check, payable to **CCC MHWA**, to Humberto Hernandez at Cerritos College, Student Health, 11110 Alondra Blvd., Norwalk, CA 90650

MHWA MEMBER

1.5 days 100.00 early bird
160.00 after 10/3/19 \$ _____

1 day 75.00 early bird
135.00 after 10/3/19 \$ _____

NON-MEMBER

1.5 days 140.00 early bird
200.00 after 10/3/19 \$ _____

1 day 115.00 early bird
175.00 after 10/3/19 \$ _____

CE credits \$25.00 (up to 3.5 credits) \$ _____

Total \$ _____

Name, Title _____

College _____

Address _____

City, Zip _____

Phone _____ Email _____

Will you require accommodations? (please circle) Yes No

Specify: _____

HOTEL: Hyatt Regency Valencia

24500 Town Center Dr., Valencia, CA 91355

1-800-233-1234

\$155+/night, ask for *College of the Canyons Corporate Rate*

MHWA is a CE provider approved by the CA Psychological Association to provide continuing professional education for psychologists. The Board of Behavioral Sciences recognizes CE credit from CPA approved providers for LCSWs, MFTs, LEPs, and LPCs. MHWA's CE programs meet the CA Board of Nursing's requirements for acceptable continuing education for BRN licenses. MHWA maintains responsibility for this program and its content. **ATTENDANCE POLICY:** Those who attend this training in full and complete the appropriate evaluation form will receive CE credits. Those arriving more than 15 minutes after the start time or leaving before the training is completed will not receive CE credit. **REFUND POLICY:** If, after registering, you cannot attend the meeting, notify hhernandez@cerritos.edu for a refund (prior to 10/16) or credit for a subsequent conference.